



CHILDBIRTH PREPARATION CLASSES

JOIN US FOR ALL THREE CLASSES
in this free, virtual series! Support people
and partners are encouraged to attend!

WEDNESDAYS from 6-8 PM

JANUARY: 10th, 17th, 24th

MARCH: 13th, 20th, 27th

MAY: 8th, 15th, 22nd

JULY: 3rd, 10th, 17th

SEPTEMBER: 4th, 11th, 18th

NOVEMBER: 6th, 13th, 20th

To join the Microsoft Teams
Meeting Click the link below
or scan the QR Code

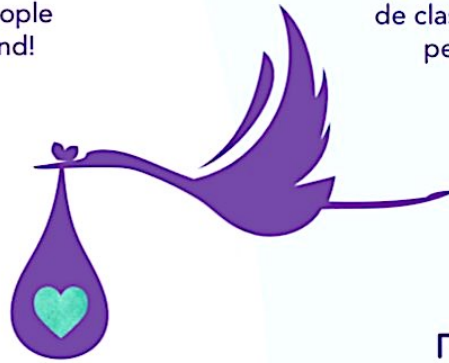


Meeting ID: 216 088 488 828

Passcode: 4axiVD

Link: tinyurl.com/mryjt2fm

For more information, please contact:
Maria Castellon BSN, RNC
maria.castellon@ventura.org
805-652-6090



CLASES DE PREPARACIÓN PARA PARTO

ÚNANSE CON NOSOTROS EN ESTA SERIE
de clases virtuales gratuitas! ¡Su pareja/
persona de apoyo son bienvenidos!

MIÉRCOLES de 6-8 PM

FEBRERO: 7, 21, 28

ABRIL: 10, 17, 24

JUNIO: 5, 12, 19

AGOSTO: 7, 14, 21

OCTUBRE: 2, 9, 16



Para unirse a la reunión
de Microsoft Teams, haga
clic en el enlace abajo o
escanee el código QR

Código de la junta: 292 900 488 767

Contraseña: yfZrbR

Link: tinyurl.com/3mjn84m2

Para más información, por favor,
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HOSPITAL BIRTH CENTER TOURS



Join us at VCMC every 2nd TUESDAY. Meet in
the cafeteria for tours at 4:30, 5:00, 5:30 pm.
Jan 9, Feb 13, Mar 12, Apr 9, May 14, Jun 11,
Jul 9, Aug 13, Sep 10, Oct 8, Nov 12, Dec 10.

Join us at Santa Paula Hospital every
3rd TUESDAY. Meet in the birth center
for tours at 5:00, 5:30 pm.
Jan 16, Feb 20, Mar 19, Apr 16,
May 21, Jun 18, Jul 16, Aug 20,
Sep 17, Oct 15, Nov 19, Dec 17.

RECORRIDOS DE CENTRO DE MATERNIDAD

Únete a nosotros en VCMC cada **segundo**
MARTES de cada mes. Los recorridos comienzan
en la cafetería del hospital a las 4:30, 5:00, 5:30 pm.
Ene 9, Feb 13, Mar 12, Abr 9, May 14, Jun 11,
Jul 9, Ago 13, Sep 10, Oct 8, Nov 12, Dic 10

Únete a nosotros en el hospital de Santa Paula, el **tercer**
MARTES de cada mes. Los recorridos comienzan en el
Centro de Maternidad a las 4:30, 5:00, 5:30 pm.
Ene 16, Feb 20, Mar 19, Abr 16, May 21, Jun 18,
Jul 16, Ago 20, Sep 17, Oct 15, Nov 19, Dic 17